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# WRITE & RETREAT

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# YELLOWSTONE COUNTRY

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## Write, Workshop, Play, Retreat....

Join us September 13-18, 2015, at Thomas the Apostle Retreat Center outside Cody, Wyoming, for a week of inspiration and writing, interspersed with field trips to spectacular scenery and world-class museums, and time to simply relax and recharge. Give yourself the gift of time away this fall to deepen your writing and enrich your life!

*Thank you for  
breathing life into  
my words!*

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*—workshop  
participant*

# The Details

## WRITING WORKSHOP

Immerse yourself in your writing and creative work. Go deep and discover the power and passion in your words. We'll do writing exercises, participate in constructive workshopping, learn to "listen" to writing and understand its magic, and discuss the how and why of writing, both the business and the life. You'll leave with new tools and inspiration to reach your creative dreams!

*Note: This is a small-group workshop, limited to 15 participants, with lots of time for interaction and individual work. Participants will have the opportunity for an individual consultation with Susan.*

## FIELD TRIPS

See the Cody area through Susan's eyes, learning the place from her experience as a field scientist studying grizzly bears, sagebrush communities and fire ecology in the surrounding mountains. Visit the Buffalo Bill Center of the West, Wapiti Valley, Beck Lakes, South Fork, and Yellowstone's eastern edge.

*An optional weekend in Yellowstone with Susan may be possible after Write & Retreat. If you're interested, let us know.*

## RETREAT TIME

Walk the labyrinth, read, sit quietly, join us for walks and group yoga, or simply listen to the ravens and watch the sky...

## WORKSHOP LEADER

Susan J. Tweit is an award-winning writer and plant biologist with a passion for words, stories and life itself. She is the author of twelve books, including the memoir *Walking Nature Home*, and hundreds of magazine articles, columns and essays for markets as diverse as *Audubon Magazine*, *Popular Mechanics*, the *Los Angeles Times*, and public radio. She teaches workshops across the country.

**DATE:** September 13-18, 2015, the height of fall in Wyoming!

**Location:** Thomas the Apostle Retreat Center, outside Cody

## COST

**Workshop** includes workshops, readings and individual sessions, plus field trips: \$800 (\$50 discount for previous W&R attendees!)

**Lodging and food:** Five nights lodging at **TAC** (rooms have either two or three twin beds and shared baths), plus all meals from Sunday dinner through Friday lunch: \$450

**Total Cost:** \$1250 (\$1200 with discount on workshop)

**Companions** are welcome on a space-available basis for a reduced price covering meals and lodging, plus field trip fees: \$600

**Questions & to Reserve Space:** Email [tweitdesk@gmail.com](mailto:tweitdesk@gmail.com)



Cody is home to the [Buffalo Bill Center of the West](#), a collection of museums focusing on western art, history, plains indians, and natural history. The town is located an hour from the east entrance of Yellowstone National Park via the Buffalo Bill Scenic Highway, which passes through Wapiti Valley and the Shoshone National Forest, the country's first designated Forest Reserve.

# Write & Retreat: Yellowstone Country

## Workshop Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

*Please fill out this section so we've got your contact information in one place. Thanks!*

Food Accommodations (Leave this blank if it doesn't apply.)

Vegan:      Vegetarian:      Nut-free:

Dairy-free:      Gluten-free\*:

*TAC, the Retreat Center, will be cooking our meals fresh and will do their best to accommodate to dietary needs.*

Allergies: \_\_\_\_\_

Medical conditions that might be issues at the workshop\*:

\_\_\_\_\_

*\*We're not prying, just wanting to be able to make any necessary accommodations.*

*Note: The Retreat Center is just over 5,000 feet elevation, so if you're coming from a much lower elevation, it would be wise to allow a day to acclimate before the workshop. For all participants, it's wise to drink lots of water, go light on the alcohol, and wear sun protection. Let's take good care of ourselves!*

Contact in Case of Emergency

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Other:

\_\_\_\_\_